

# SIGN UP NOW!



Category	Start Time	DOB	Sex
01	12 noon	Wheelchair	
02	12 noon	Wheelchair assisted	

Divisions based on year of birth			
03	12:30	2000	Girl
04	12:45	2000	Boy
05	1:00	1999	Girl
06	1:15	1999	Boy
07	1:30	97-98	Girl
08	1:45	97-98	Boy
09	2:00	95-96	Girl
10	2:15	95-96	Boy
11	2:30	91-94	Girl
12	2:45	91-94	Boy

Divisions based on age			
13	2:50	F over 18	
14	2:50	M over 18	
Open Division			
15	3:00	Family Walk (same as race route)	

Sanctioned: USA Track & Field, NE

## FOOD DRIVE

To help the  
NEWTON  
FOOD PANTRY

The cupboards are bare at The Newton Food Pantry! When you come to Newton City Hall to pick up your Race Number, please bring a brown paper bag filled with non-perishable food, meals in a can, hygiene products, diapers, and cleaning products.

Items may also be dropped off at any of The Village Banks, co-sponsor of this project.



Sponsored by

Sign Up NOW!  
[www.newtonpride.org](http://www.newtonpride.org)



## Heartbreak Hill International Youth Race

Newton Pride Committee  
Mayor's Office for Cultural Affairs  
Newton Cultural Center  
225 Nevada Street, Newton, MA 02460  
617 796-1540 617 527-8283  
[www.newtonpride.org](http://www.newtonpride.org)

Postal Patron  
ECRWSS  
Local

# APPLICATION

17th Newton

## Heartbreak Hill International Youth Race

1-mile run for youngsters, adults and families

Honoring Newton South Girls Cross-Country Team  
All State Champions  
and their coach, Steven McChesney



PHOTO: DAVE FINEMAN

## SUNDAY, APRIL 19, 2009

Noon - 3 pm, Weather Permitting  
Newton City Hall  
1000 Commonwealth Ave.  
Newton, MA 02459

Sign Up NOW!  
[www.newtonpride.org](http://www.newtonpride.org)



NEWTON PRIDE COMMITTEE  
Celebrating 20th Anniversary  
of Service to Newton



David B. Cohen Mayor



Mayor's Office for Cultural Affairs  
Newton Pride Committee  
Newton Parks & Recreation Department



Mayor's Office for Cultural Affairs

### NEWTON PRIDE COMMITTEE

Executive Board Ruth L. Barnett, President Cambridge Savings Bank Joan Brandmahl, Vice President Thomas R. Jackson, Treasurer	Frank Foss Comcast Mark Jurilla Citizens Bank Stanley N. Pearlstein Patricia G. Rand Janet Razulis Brigham and Women's Hospital Olga Robinson Citibank, N.A.	Board of Advisors S. Gerard Adams Armand Andreassian Bunny M. Aronson Aronson Insurance Joan Bone Kenneth Brennan The Village Bank Pamela Burton Penelope Caponigro Barbara Darnell Jo-Edith Heffron Eileen Ingham Lois Jacobson Marian Mandell Jacobson Barbara Litwin	Cathy Matero Charles E. Smith Heidi Vernon Bruce Weinberg  Consultants Linda R. Plaut Judith Thanas Anderson  Past Presidents Stanley Gaffin Russell Stein Steven J. Aronson
---	--	--	--

PSRT STD  
Non-Profit Org.  
U.S. Postage  
PAID  
Permit # 08594  
Boston, MA



# NEWTON PRIDE COMMITTEE

Celebrating 20th Anniversary of Service to Newton



David B. Cohen Mayor



## WHAT, WHEN AND WHERE

1-mile race up and down historic Heartbreak Hill  
 Sunday, April 19, Noon - 3 pm  
 Newton City Hall, 1000 Commonwealth Avenue,  
 Newton, Massachusetts 02459

## WHO CAN PARTICIPATE

Youth 9-18; Adult Runners 19-90  
 Wheelchair Athletes 9-18 – pre-registration requested

## ENTRANCE FEE

Before April 14 After April 14  
 Ages 9-18 \$10.00 Ages 9-18 \$12.00  
 Ages 19-90 \$12.00 Ages 19-90 \$15.00  
 Family walk \$10.00

Includes: Race Packet (your packet is not guaranteed if you do not run); T shirts to first 500 entrants; One ticket to Pasta Party; Race Medallion; Seedling Tree.  
 Master of Ceremonies: Kevin McNamara. Race Starter: Ed Fraktman.

## TO REGISTER

On Line: [www.newtonpride.org](http://www.newtonpride.org)  
 By Mail: Send • a completed entry form (Release Form must be signed by parent if runner is under 18)  
 • self-addressed stamped envelope for confirmation.  
 Mail to: Youth Race, Newton Pride Committee, 225 Nevada Street, Newton, MA 02460  
 Phone: 617 796-1540, 617 527-8283; Fax: 617 527-8233  
 Email: [lpaut@newtonma.gov](mailto:lpaut@newtonma.gov)  
 Website: [www.newtonpride.org](http://www.newtonpride.org)

## RACE REGISTRATION & NUMBER PICKUP

Saturday, April 18, 4 - 6 pm; Race Day, 8 am - race time.  
 Newton City Hall, 1000 Commonwealth Ave.

## PASTA/PIZZA PARTY

Saturday, April 18, 5:30 pm, Newton City Hall, War Memorial Auditorium.  
 FREE to all registrants. Family & Guests, \$3 per person.  
 Guest Speaker: Steven McChesney. Hosted by Papa Gino's and Whole Foods Market.

## DIRECTIONS TO NEWTON CITY HALL

From Boston, take the Mass. Turnpike to Exit # 17 (Newton). Go straight ahead onto Washington St. Continue on Washington to Walnut St. Take a left onto Walnut to Commonwealth Ave. Newton City Hall will be on your right. From Mass. Turnpike going East, take Exit # 14. Follow signs to Route 128N (Interstate 95) and take Exit # 24. Follow signs to Route 30. Off Route 128 (I-95), take Exit # 24 (from either direction). Turn right onto Route 30 (Commonwealth Ave.) Go 3 miles east to Newton City Hall.

## COURSE ROUTE AND FEATURES

Begin at Commonwealth Ave. at Newton City Hall. Go east up Heartbreak Hill to Cedar St. Make U-Turn onto Carriage Road until Commonwealth Park E. Return to Commonwealth Ave. and Newton City Hall.  
 Features: Finish line digital display clock timing, professional staff, water stations, medical professionals.  
 Special Features 1st, 2nd and 3rd place winners receive trophies. All runners receive Commemorative Medallion, beautiful 100% cotton "T" shirts to the first 500 registrants, 1 ticket to Pizza/Pasta party and a seedling tree.



PHOTO: DAVE FINEMAN

# APPLICATION FORM

## 17TH NEWTON HEARTBREAK HILL INTERNATIONAL YOUTH RACE

Use separate form for each registrant; feel free to duplicate this form. Please print clearly, detach and send with self-addressed stamped envelope (for confirmation) and check payable to Newton Pride Committee, to Youth Race, 225 Nevada St., Newton, MA 02460.

aa  
 Last Name \_\_\_\_\_  
 First Name \_\_\_\_\_ M.I. \_\_\_\_\_ Birth Date \_\_\_\_\_  
 Street Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone: Day \_\_\_\_\_ Evening \_\_\_\_\_  
 E-Mail Address \_\_\_\_\_  
 Team or school (if any) \_\_\_\_\_

Category	Start Time	DOB	Sex	Age	Fee
Check One					\$10 before April 14
Pre-Registration Requested					\$12 after April 14
<input type="checkbox"/> 01*	12 noon	Wheelchair	_____	_____	_____
<input type="checkbox"/> 02*	12 noon	Wheelchair assisted	_____	_____	_____ *(Judged separately)

aa

Divisions based on year of birth

<input type="checkbox"/> 03	12:30	2000	Girl	_____	_____
<input type="checkbox"/> 04	12:45	2000	Boy	_____	_____
<input type="checkbox"/> 05	1:00	1999	Girl	_____	_____
<input type="checkbox"/> 06	1:15	1999	Boy	_____	_____
<input type="checkbox"/> 07	1:30	97-98	Girl	_____	_____
<input type="checkbox"/> 08	1:45	97-98	Boy	_____	_____
<input type="checkbox"/> 09	2:00	95-96	Girl	_____	_____
<input type="checkbox"/> 10	2:15	95-96	Boy	_____	_____
<input type="checkbox"/> 11	2:30	91-94	Girl	_____	_____
<input type="checkbox"/> 12	2:45	91-94	Boy	_____	_____

aa

Divisions based on age

<input type="checkbox"/> 13	2:50	F over 18	_____	_____	\$12 before April 14; \$15 after April 14
<input type="checkbox"/> 14	2:50	M over 18	_____	_____	_____

aa

Open Division

<input type="checkbox"/> 15	3:00	Family Walk (same as race route)	_____	_____	Family Walk: \$10
(2 t-shirts and 2 Pasta Party tickets per family)					

aa  
 Additional Pasta Party Tickets \$3.00 each x \_\_\_\_\_ = \_\_\_\_\_

I would like to help support Race Scholarships and other Newton Pride events. I'm enclosing my donation of \$ \_\_\_\_\_  
 aa  
 TOTAL ENCLOSED \$ \_\_\_\_\_

aa  
 Check Enclosed (Make checks payable to Newton Pride Committee)  
 Please charge my  VISA  MasterCard

Name (as it appears on card) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Card Number \_\_\_\_\_ Expires \_\_\_\_\_

Signature \_\_\_\_\_

### Youth Race Release to be signed by the Parent/Guardian of Participants under the age of 18

I/We, the undersigned parent(s) or guardian(s) of \_\_\_\_\_, a minor, do hereby CONSENT to his/her participation in the Newton Heartbreak Hill International Youth Race (hereafter the "Race"). I/We RELEASE and discharge the City of Newton, the Newton Pride Corporation, the Newton Pride Committee and their respective officers, employees, agents and volunteers (hereinafter collectively "Newton"), and the Race Sponsor(s) from any and all claims, damages, losses or expenses of whatever kind or nature which I/we may have or acquire as the parent(s) or guardian(s) of my child arising out of or resulting, directly or indirectly, from my child's participation in the Race. I/We also RELEASE and discharge Newton and the Race Sponsor(s) from any and all claims, damages, losses or expenses of whatever kind or nature which my child may have or acquire arising out of or resulting from, directly or indirectly, his/her participation in the Race. I/We furthermore agree to defend and INDEMNIFY Newton against any claim, damage, loss or expense of whatever kind or nature that Newton may have to pay that arises from my child's participation in the Race. I also grant permission to Newton and/or the Race Sponsor(s) to use photographs, videotapes, or motion pictures of my child participating in the Race for any purpose whatsoever.  
 I/We hereby authorize Newton's officer(s), employee(s) or agent(s) who is supervising my child to act on our behalf in authorizing and consenting to emergency medical care for my child if he/she becomes ill or is injured while participating in the Race. This Authorization and Consent may be presented to the appropriate emergency medical staff when emergency medical care is required. I/We hereby RELEASE and discharge Newton, its officers, employees and agents from any and all claims of any nature whatsoever, which may arise out of the decision to provide emergency medical care.  
 Signature of Parent or Guardian of race participant: \_\_\_\_\_ Date \_\_\_\_\_

Print name of Parent or Guardian \_\_\_\_\_

Release to be signed by Participants 18 or older

I, \_\_\_\_\_, the undersigned, RELEASE and discharge the City of Newton, the Newton Pride Corporation, the Newton Pride Committee and their respective officers, employees, agents and volunteers (hereinafter collectively "Newton"), and the Race Sponsor(s) from any and all claims, damages, losses or expenses of whatever kind or nature which I may have or acquire arising out of or resulting, directly or indirectly, from my participation in the Newton Heartbreak Hill International Youth Race (hereafter the "Race"). I/We furthermore agree to defend and INDEMNIFY Newton against any claim, damage, loss or expense of whatever kind or nature that Newton may have to pay that arises from my participation in the Race. I also grant permission to Newton and/or the Race Sponsor(s) to use photographs, videotapes, or motion pictures of me participating in this event for any purpose whatsoever.  
 Signature of Race Participant: \_\_\_\_\_ Date \_\_\_\_\_

Print name of Race Participant: \_\_\_\_\_

### QUESTIONNAIRE

What do you like about running? \_\_\_\_\_  
 If you ran last year, what did you like best about the race? \_\_\_\_\_  
 Do you have any other comments? \_\_\_\_\_

## A Message from Mayor Cohen and the Newton Pride Committee

On behalf of our entire community, I want to congratulate and thank the thousands of Newton Pride Committee volunteers who over the past 20 years have benefited Newton through their service. They have pioneered beautification projects with the goal of increasing awareness of the environment and have sponsored concerts and civic events, such as this youth roadrace, that bring people together in a community setting.

Through their efforts, the Newton Pride Committee has strengthened the fabric of our community. For example, every runner receives a seedling tree for home planting because the dual purpose of the Race is to promote a healthy lifestyle on a healthy planet.

In honor of their 20th anniversary and in recognition of unmet social needs in our community, the Newton Pride Committee will be adding a social service component to their roster of year round activities. Therefore, I urge you to join the Newton Pride volunteers next Sunday, April 26 for NewtonSERVES Day of Community Service when a thousand volunteers will donate their time in some way to benefit their fellow citizens. Please choose your activity and register at [www.ci.newton.ma.us/newtonservices](http://www.ci.newton.ma.us/newtonservices)

Thank you,  
 Mayor David B. Cohen



Ruth Barnett and Mayor Cohen

This year, the volunteers of the Newton Pride Committee celebrate their 20th year of supporting projects to protect the environment and to enrich the cultural life of Newton residents. The Newton Pride Committee, in recognition of the unmet needs that exist in our community, is adding a Community Service component to our roster of activities. To support these year round activities, the Committee, for the first time, needs to reach out to you for donations. To maintain the quality of civic life we help to support, the Newton Pride Committee must turn to participants like you for help.

Please consider making a donation along with your Registration Fee. Only together can we preserve what we have all come to treasure as our 'way of life.' Visit our website [www.newtonpride.org](http://www.newtonpride.org) for a full description of our calendar of events. Only by everyone contributing can we continue events such as this.  
 Thank you in advance for your generosity.

Ruth Barnett  
 President, Newton Pride Committee

Sponsored by



Sustaining Sponsors

